



The 10-minute consultation: arrhythmias

Rationale

The length of consultations varies, but the average length is 10 minutes. In addition, a new GP curriculum was introduced in the UK in 2007, with re-evaluation for practicing GPs; revalidation through continuing medical education is already the standard in other countries. The 10-minute consultation series of pocketbooks aim to develop clinicians' history-taking and clinical examination skills, as well as provide detailed information on the management options available in primary care, with emphasis on when to refer (and when not to refer) for specialist investigations and treatments. The pocketbook format is concise and portable, and key points are highlighted for quick reference, either as a memory aid or for day-to-day use on the clinical frontline.

The 10-minute consultation: arrhythmias

The 10-minute consultation: arrhythmias outlines how irregular heartbeats are identified and treated in clinical practice, using appropriate models of care and evidence-based management, to maximize the potential of the '10-minute consultation'.

Authorship

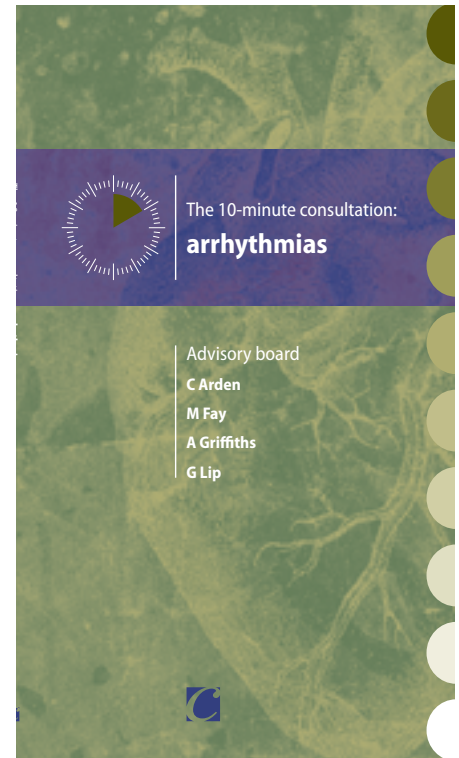
The 10-minute consultation author team is composed of GPs and specialist clinical reviewers who together ensure that the content of our books is authoritative and current. We work closely with an advisory board of GPs from the specialty of primary care and cardiology whose role is to ensure the accuracy, quality and integrity of the content. By using a team of experienced and highly regarded GPs from the cardiology specialty, we aim to draw on their clinical experience within the field, closely reflecting the needs of the readers.

Summary

The 10-minute consultation: arrhythmias will provide clinicians with an invaluable source of information for bone disorders and highlight the most appropriate diagnostic and management options.

Key objectives for the reader:

- To understand that arrhythmias are associated with significant mortality
- To understand the epidemiology and risk factors for arrhythmias
- To understand how patients with arrhythmias can be identified in primary care, including which diagnostic tests are used and how the results are clinically interpreted
- To understand how to competently manage arrhythmias in primary care and promote a healthy lifestyle
- To understand the principles of drug and non-drug treatment
- To understand the indications for specialist referral



Audience

- ✓ Medical students
- ✓ **Primary care:** GPs, Nurses, Pharmacists
- ✓ **Secondary care:** Nurse specialists, Junior doctors

Specification

International Editorial Advisory Board

Paperback: 96 pages (tbc)

Product dimensions: 110 x 190 mm

Binding: perfect bound

Colour: 4-colour cover; 2-colour text





Table of contents

1. Introduction

- Definition and classification
- What is the prevalence of arrhythmias?
- What are the risk factors for AF?
- What is the likely course of disease?
- What are the pathological consequences of arrhythmias?

2. Who and what to test

- Screening and case finding
- Initial assessment and management pathway
- Risk factors for stroke and thromboembolism

3. How to manage the patient with an arrhythmia

- Who to treat?
- How to treat: rate vs rhythm control
- What drugs are available to treat arrhythmias?
- Non-drug treatment
- How to manage co-morbidities and complications?

4. Person-centred care

- Self-monitoring and -management
- Are any treatments particularly appropriate?

5. Applying the evidence

- What are the implications of the international best-practice guidelines for GPs?
- Selected landmark studies
- What are the GP prescribing options for tackling arrhythmias in primary care: a summary
- When to refer?

6. Review and recall

- What ongoing patient care, monitoring and follow-up are necessary?
- What roles do other key healthcare professionals have in managing the patient?
- What is the role of information technology (IT)?
- What is the role of the expert patient?

Further reading

Other titles in *The 10-minute consultation* series



and many more...

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