



The 10-minute consultation: asthma

Rationale

The length of consultations varies, but the average length is 10 minutes. In addition, a new GP curriculum was introduced in the UK in 2007, with re-evaluation for practicing GPs; revalidation through continuing medical education is already the standard in other countries. *The 10-minute consultation* series of pocketbooks aim to develop clinicians' history-taking and clinical examination skills, as well as provide detailed information on the management options available in primary care, with emphasis on when to refer (and when not to refer) for specialist investigations and treatments. The pocketbook format is concise and portable, and key points are highlighted for quick reference, either as a memory aid or for day-to-day use on the clinical frontline.

The 10-minute consultation: asthma

Asthma is an increasingly prevalent chronic disease, currently affecting nearly 20% of children, and can be potentially life threatening. The growing number of patients requiring treatment has led to important recent therapeutic developments.

The 10-minute consultation: asthma will provide a holistic approach to the assessment and management of asthma, stressing the importance of ongoing patient review and recall to ensure delivery of high-quality, evidence-based treatment.

Authorship

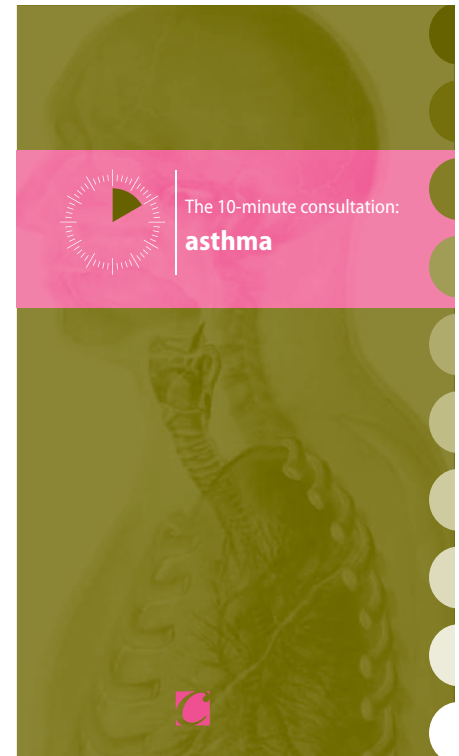
The 10-minute consultation author team is composed of GPs and specialist clinical reviewers who together ensure that the content of our books is authoritative and current. We work closely with an advisory board of GPs from the specialty of primary care and respiratory disease whose role is to ensure the accuracy, quality and integrity of the content. By using a team of experienced and highly regarded GPs from the respiratory disease specialty, we aim to draw on their clinical experience within the field, closely reflecting the needs of the readers.

Summary

The 10-minute consultation: asthma will provide clinicians with an invaluable source of information for asthma and will highlight the most appropriate diagnostic and management options.

Key objectives for the reader:

- To understand that asthma is associated with significant morbidity and mortality
- To understand the epidemiology and risk factors for development of asthma
- To understand how asthma can be identified in primary care
- To understand how to competently manage asthma in primary care
- To understand the indications for specialist referral



Audience

- ✓ Medical students
- ✓ **Primary care:** GPs, Nurses, Pharmacists
- ✓ **Secondary care:** Nurse specialists, Junior doctors

Specification

International Editorial Advisory Board
Paperback: 96 pages (tbc)
Product dimensions: 110 x 190 mm
Binding: perfect bound
Colour: 4-colour cover; 2-colour text



Table of contents

1. Introduction

- What is the burden of disease?
- What are the main causes of disease?
- Are there any common precipitating/exacerbating factors?
- What are the risk factors for developing life-threatening asthma?

2. Who and what to test

- Screening and case finding
- What issues should the GP cover during the 10-minute consultation?
- Differential diagnosis: COPD, lung cancer and other chronic lung diseases
- Asthma in special patient groups: children, pregnancy, sport and occupational asthma

3. How to manage the patient with asthma

- Who to treat?
- How to treat?
- What is the value of treating asthma?
- What are the aims of treatment?
- General lifestyle advice
- Airflow obstruction and asthma
- How is acute asthma prevented and managed?

4. Person-centred care

- How to identify the patient's beliefs about asthma (their concerns and expectations)?
- What are the patient's cultural beliefs and practices?
- How to recognise nonconcordance with preventive strategies?
- Are any treatments particularly appropriate?

5. Applying the evidence

- What are the implications of the international best-practice guidelines for GPs?
- Selected landmark studies
- What are the GP prescribing options for tackling asthma in primary care: a stepwise approach
- When to refer?

6. Review and recall

- What ongoing patient care, monitoring and follow-up are necessary?
- What role do the practice nurse and other key healthcare workers have in managing the patient?
- What is the role of IT?
- What is the role of the expert patient?

Further reading

Other titles in *The 10-minute consultation* series



and many more...

Bulk distribution

All our publications are available for bulk distribution in markets around the world and have proved extremely popular with industry sponsors as key educational items for clinicians. We can offer significant discounts for purchasing in bulk and across related titles. Other opportunities include: translated versions, custom covers, bookmarks, bellybands, competitive print lead times, tailored deliveries to suit rep visits and/or direct mailings, an efficient and friendly customer service.

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