# Table of contents

## 1. Introduction

Progression from diabetes to neuropathy

## 2. Who and what to test

Screening and case finding

What issues should the GP cover during the 10-minute consultation?

# 3. How to manage the patient with diabetic peripheral neuropathy Who to treat?

How to treat?

Available treatments (mechanism of action, benefits, contra-indications)

#### 4. Person-centred care

How to identify the patient's beliefs about diabetes and its complications (concerns and expectations)?

What are the patient's cultural beliefs and practices?

How to recognise nonconcordance?

Are any treatments particularly appropriate?

## 5. Applying the evidence

What are the implications of the international best-practice guidelines for GPs? Selected landmark studies

What are the GP prescribing options for tackling DPN in primary care:

a summary When to refer?

when to refer?

## 6. Review and recall

What ongoing patient care, monitoring and follow-up are necessary?
What roles do other key healthcare workers have in managing the patient?
What is the role of information technology (IT)?

What is the role of the expert patient?

## **Further reading**