



The 10-minute consultation: ovarian cancer

Rationale

The length of consultations varies, but the average length is 10 minutes. In addition, a new GP curriculum was introduced in the UK in 2007, with re-evaluation for practicing GPs; revalidation through continuing medical education is already the standard in other countries. The 10-minute consultation series of pocketbooks aims to develop clinicians' history-taking and clinical examination skills, as well as provide detailed information on the management options available in primary care, with emphasis on when (and when not) to refer for specialist investigations and treatments. The pocketbook format is concise and portable, and key points are highlighted for quick reference, either as a memory aid or for day-to-day use on the clinical frontline.

The 10-minute consultation: ovarian cancer

Although ovarian cancer was originally known as the 'silent killer', recent studies show that the majority of women have symptoms before diagnosis, even those in the early stages of disease. Primary care clinicians can find the diagnostic pathway complicated though and misdiagnosis is common.

The 10-minute consultation: ovarian cancer will provide a holistic approach to the primary assessment and management of ovarian cancer, stressing the importance of ongoing patient review and recall to ensure delivery of high-quality, evidence-based management.

Authorship

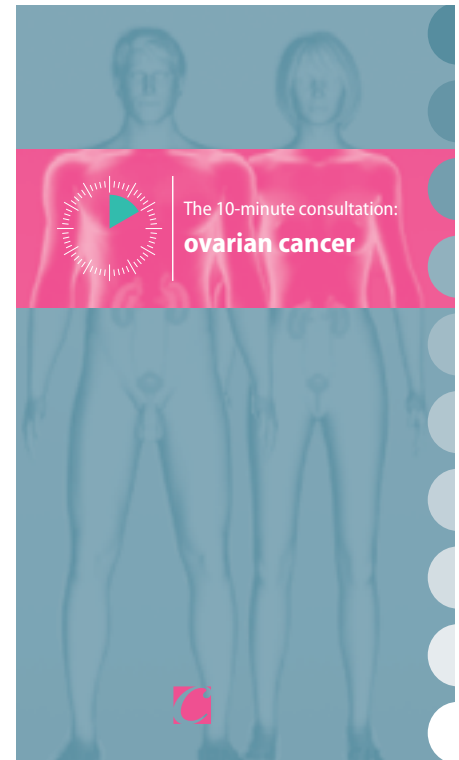
The 10-minute consultation advisory board comprises practicing GPs with a specialist interest in cancer, whose role is to ensure the accuracy, quality and integrity of the content. By using a team of experienced and highly regarded GPs, we aim to draw on their clinical experience within the field, closely reflecting the needs of the readers.

Summary

The 10-minute consultation: ovarian cancer will provide clinicians with an invaluable source of information on this disease and will highlight the key principles of diagnosis and management.

Key objectives for the reader:

- To understand the epidemiology of ovarian cancer
- To understand that ovarian cancer is associated with significant morbidity
- To understand how to assess symptoms in primary care
- To understand how to manage ovarian cancer in primary care
- To understand the principles of drug and non-drug treatment
- To understand the indications for specialist referral



Audience

- ✓ Medical students
- ✓ **Primary care:** GPs, Nurses, Pharmacists
- ✓ **Secondary care:** Nurse specialists, Junior doctors

Specification

International Editorial Advisory Board
Paperback: 96 pages (tbc)
Product dimensions: 110 x 190 mm
Binding: perfect bound
Colour: 4-colour cover; 2-colour text



Table of contents

1. Introduction

- Epidemiology and genetics of ovarian cancer
- Who is most at risk?
- Patterns and pathophysiology of ovarian cancer
- What types of genetic testing are available?

2. Who and what to test

- Screening
- Symptoms
- Assessment (initial assessment and management pathway): is the tumour malignant?
- Typing and staging

3. How to manage the patient with ovarian cancer

- Principles of management
- Risk management and reduction
- How to select treatment?
- Surgery
- Chemotherapy, radiotherapy and new therapies
- How to manage co-morbidities (pain, depression)

4. Person-centred care

- Principles of self-management
- Self-management
- Expert patient programme

5. Applying the evidence

- What are the implications of the international best-practice guidelines for GPs?
- Selected landmark studies
- Management pathways
- When to refer for specialist investigations and treatment?

6. Review and recall

- What ongoing patient care, monitoring and follow-up are necessary?
- What roles do the practice nurse and other key healthcare workers have in managing the patient?
- Long-term support

Further reading

Other titles in *The 10-minute consultation series*



and many more...

Bulk distribution

All our publications are available for bulk distribution in markets around the world and have proved extremely popular with industry sponsors as key educational items for clinicians. We can offer significant discounts for purchasing in bulk and across related titles. Other opportunities include: translated versions, custom covers, bookmarks, bellybands, competitive print lead times, tailored deliveries to suit rep visits and/or direct mailings, an efficient and friendly customer service.

More information

To place an order and/or request further details and quotes, please contact:

Sarah Findlay
 Director, Cedilla Publishing Limited
 PO Box 58871,
 London SE15 9BE, UK

Mobile: +44 (0)7794 485294
 Email: sarah@cedillapublishing.com

Alternatively, please complete and fax back:

Country:

Company:

Contact name:

Tel:

Email:

Preferred quantities:

Titles:

Other topics of interest:



<http://www.cedillapublishing.com>